

# Healing Dance Practitioner Requirements

All core and elective units/courses must be completed to obtain a Watsu Practitioner certificate.

## Stage I

	Description	Method	Assessment	Hours
<b>One of These:</b>	Aquatic Basics			50
	Introduction to Healing Dance			16
	Watsu I			50
	Jahara Basics			50
	Supervision with Senior HD Instructor			8
	Receive a minimum of 3 sessions from a certified Healing Dance Practitioner	Practice	Recorded and detailed	3
	Give a minimum of 7 documented practice sessions	Practice	Recorded and detailed	7
Total Hours: (*Note that this stage allows different pathways)				18-60

## Stage II

Pre-requisite: Successfully completing stage I

Description	Method	Assessment	Hours
Healing Dance I	Face to face	On the course	50
Receive minimum of 3 sessions from a certified HD Practitioner	Experience	Recorded and detailed	3
Give minimum of 7 HD documented sessions	Practice	Recorded and detailed	7
<b>Healing Dance I Integration Day</b> (may be taken before or after completing the 10 sessions)	Face to face		8
Total Hours:			68

## Stage III

Pre-requisite: Successfully completing stage II

Description	Method	Assessment	Hours
Healing Dance II	Face to face Course	On the course	50
Give minimum of 7 documented HD II sessions	Practice	Recorded and detailed	7
Receive minimum of 3 sessions from a certified HD practitioner	Experience	Recorded and detailed	3
Supervision and demonstration of skills	Assessment - Face to face Course	Can be done with an authorised Instructor	2
A 50 hour WABA approved water elective	Face to face Course Can be completed at any point in the training	On the course	50
Total Hours:			112

## Additional

The below can be completed at any point in the training:

Description	Method	Assessment	Hours
Bodywork	Blended- face to face and correspondence	Blended – on the job and written assignment	100
Physiology and Anatomy	Blended (Face to Face and correspondence)	Written assignment	100
One of the following: Presence of Being Somatic psychology based training, such as Prenatal Journey, Hakomi, SE or Bioenergetics			50
Aquatic elective I (any from the WABA approved list)	Face to face Course	On the course	50
Total Hours:			300

The total hours required for Healing Dance practitioner certification is 540 hours.

To be listed on the international Healing Dance organisation you will need to send copies of course and supervision certificates, as well as session log form (30 completed sessions) with a €40 bank transfer to:

Alexander George  
Weihergarten 5  
72147 Nehren, Germany

Receive back your signed Practitioner Certificate in the mail (certificate lasts three years).

## More information:

1. This is the "surface" certification, in which neither of the two underwater trainings of Healing Dance are involved.

This certification is designed for Australia and New Zealand and is recognised by WABA. Before certification students may of course use the techniques in sessions, but may not say or advertise that they do sessions of Healing Dance. For instance, it would be quite okay to say, *"I am studying Healing Dance."* *"I am on my way toward becoming a Practitioner of Healing Dance."* *"I use techniques of Healing Dance in my sessions."*

Practitioner status lasts for 3 years. In order to extend it, one must either audit or assist a HD course during the 3 year period of status.

2. Practitioner status gives you a certificate, a posting on the Healing Dance website, the right to use the Healing Dance logo and the right to say and advertise that you practice Healing Dance. For instance, *"I am a Healing Dance Practitioner."* *"I give sessions of Healing Dance."*

If you move outside of Australia or New Zealand to a country where another Healing Dance Practitioner Certification program is in effect, you will need to comply with those requirements.

3. **Another pathway to Healing Dance certification** has been developed especially for those that are already professional Bodyworkers with proven industry experience. Those who have completed the **HD100** and its Supervision Day and wish to become HD Practitioners may take either:

**a)** a "mop up" course combining the missing elements from HDI and II, followed by a Final Supervision (as taught by either Alexander George, Inika Spence, Theri Thomas or Ashaman Gray)

**b)** a HDI/HDII course and then have the instructor (either Erez Beatus (for HDI), Alexander George, Inika Spence, Theri Thomas or Ashaman Gray) lead them through a final Integration Day in which what was missing would be taught. This Integration day should directly follow the HDI or HDII, which the same teacher would lead. The student's work would be evaluated as being up either to Practitioner standard or not. If not up to standard, then additional sessions could be required as well as a private Supervision.

For both a) and b) the same land requirements as normally required for HD Practitioners apply. No additional logged session would be required as they have already completed 30 hours.

4. Classes taken by other Healing Dance authorised training providers will be taken into account subject to presenting documents or other required evidence.

Qualifications, trainings and certificates obtained from other training organisations (not WABA or the AIAB) will have to be assessed according to the RPL (recognition of Prior Learning). Please ask to see the **RPL policy document**.

Assessment of the skills and knowledge can include presentation of documents and certificates and practical demonstrations. To apply for recognition please contact us.