

# Healing Dance Spa Provider

## Training Program

The Healing Dance® (HD) Spa Provider Training Program is available for licensed professionals currently employed at a venue where warm water therapy can be offered to the public.

The Provider Certification grants successful participants and their employers a permanent certificate enabling them to offer professional paid Healing Dance® sessions and use the name and the moves in their marketing at their current employment location.

Licensed Professionals eligible for this program include:

- Certified Massage Therapists
- Spa Therapists
- Professionals with license to touch
- Licensed Physical Therapists or Physical Therapy Assistants
- Licensed Occupational Therapists or Occupational Therapist Assistants
- Registered Nurses
- Other professionals with a strong therapeutic background with over 500 accredited hours of professional training
- Those with qualifications of equal value or with an extensive experience in the aquatic industry will be considered on a case-by-case basis.

## Program Requirements

The HD Spa Provider Training Program is founded on the larger HD Practitioner Program in which essential components were mindfully chosen to provide therapists skills and tools that are specifically applicable for the Spa setting.

## The Curriculum Component

### Outline of the training program:

- 3 stages (detailed below)
- A minimum of 100 hours of hands-on training
- Logbook of a minimum of 16 practice sessions
- Receiving a minimum of 4 sessions from a qualified HD practitioner.

### Stage 1 Aquatic Basic (50 hours)

Prerequisite: Signing the ethical agreement by the participant and their employer

### Stage 2 HD Essential (50 hours)

Prerequisite:

1. Successfully completing stage 1
2. A minimum of 8 practice sessions logged
3. Received a minimum of 2 session from a certified provider/practitioner (logged)

## Stage 3 Completion and Certification as an HD Spa Provider

Prerequisite:

1. Successfully completing stage 2
2. A minimum of 8 practice sessions logged
3. Received a minimum of 2 session from a certified practitioner (logged)
4. Sending all required documents to [info@aquanat.com.au](mailto:info@aquanat.com.au)

### Please note:

Stage 3 can be done immediately following completion of stage 2, subject to meeting all requirements.

The progress through any of our programs is based on the successful completion of each stage which is subject to the trainer's assessment.

Additional tasks **may be** required to be completed before continuing on to the next step.

These tasks may consist of any of the following:

- Logging additional practice sessions
- Attending a supervision
- Watching prescribed videos
- Attending consultations
- Attending additional courses

The trainer will advise if and when these are required.

## FAQs

**Q:** What are my employer's duties?

**A:** To sign the Provider Agreement and to allow the opportunities for you to complete the training with all its components (i.e. - giving free practice sessions).

**Q:** Can my employee or myself offer paid HD sessions during my training?

**A:** Definitely not. Only certified practitioners or providers may charge for sessions.

**Q:** Who grants me the certificate as a HD Provider?

**A:** Successful completion of the Provider training program grants participants with a Certificate of HD Spa Provider from the following institutes:

1. Australian Institute of Aquatic Bodywork ([www.aiab.net.au](http://www.aiab.net.au))
2. The Healing Dance International Organisation (<https://www.healingdance.org/>)
3. WABA ([www.watsu.com](http://www.watsu.com))

**Q:** How long the accreditation valid for?

**A:** As long as you are employed by the Spa.

**Q:** Do I get credits towards the Practitioner certification?

**A:** Student/intern hours and data are registered in to the World-Wide Aquatic Bodywork Association Registry: [www.watsu.com](http://www.watsu.com) immediately after the completion of each class and are regarded towards the HD practitioner certification program.

**Q:** What happens if I'm no longer employed by the original employment?

**A:** It's always possible to change employers. The new employer has to agree with the terms and conditions of the agreement.

**Q:** What should I do after the provider certification?

**A:** To complete your HD Practitioner certification please write a request to the HD organisation for an assessment of your knowledge and skills and to advise you about possible pathways. You can also use your credit hours (100) towards your Watsu® practitioner certification as electives.