

# Watsu® Provider

## Internship Training Program

The Provider training program is available for Licensed Professionals currently employed at a venue where Watsu® can be offered to the public.

The Provider certification grants successful participants and their employers a provider certificate valid for two years that permits them to offer professional paid Watsu® sessions and use the Watsu® trademark in their marketing at their current employment.

The provider certificate can be extended on a case-by-case evaluation (of a period TBA), subject to completing further training towards becoming certified as a Watsu® practitioner.

The Australian Training Institutes oversee the Provider program, and may request additional requirements on an individual basis.

Licensed Professionals eligible for this program may include:

- Certified Massage Therapists
- Spa Therapists
- Professionals with license to touch
- Licensed Physical Therapists or Physical Therapy Assistants
- Licensed Occupational Therapists or Occupational Therapist Assistants
- Registered Nurses
- Other professionals with a strong therapeutic background with over 500 accredited hours of professional training
- Those with qualifications of equal value or with an extensive experience in the aquatic industry will be considered on a case-by-case basis.

## Program Requirements

The Provider training program is based on participants' willingness to be mentored, supervised, undertake contentious education and training, and contentiously work towards completing their professional Watsu® practitioner training.

Both the Training Provider as well as the Candidate adhere the standards that are outlined in the WABA Members Code of Conduct Document:

[www.waba.pro/codeofconduct](http://www.waba.pro/codeofconduct)

## The Curriculum Component

### Outline of the training program:

- WATSU®1 and WATSU® 2 (100 hours)
- Log a minimum of 10 practice sessions
- Receive a minimum of 2 sessions from a qualified Watsu® practitioner
- Final Assessment (2-3 hours)

### Stage 1 Watsu® I (50 hours)

Pr-requisite: Non

### Stage 2 Watsu® II (50 hours)

Pr-requisite:

1. Successfully completing stage 1
2. A minimum of 8 practice sessions logged

3. Received a minimum of 1 session from a certified provider/practitioner (logged)

## Stage 3 Mindful Watsu® (50 hours)

Pr-requisite:

1. Successfully completing stage 2
2. Demonstrate competency of Watsu 2
3. A minimum of 8 practice sessions logged
4. Received a minimum of 1 session from a certified provider/practitioner (logged)

## Stage 4 Certification as Watsu® Provider

Requirements:

1. Successfully completing stage 3
2. Signing the WABA Members Code of Conduct: [www.waba.pro/codeofconduct](http://www.waba.pro/codeofconduct)
3. The Australian Institute of Aquatic Bodywork registers the candidate as a Watsu® Provider on the association registry [www.watsu.com](http://www.watsu.com), valid for 2 years.
4. The Provider is offered a free listing on the AIAB website [www.aiab.net.au](http://www.aiab.net.au)

## Please note:

The progress through any of our programs is based on the successful completion of each stage which is subject to the trainer's assessment.

Additional tasks may be required to be completed before continuing on to the next step.

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These tasks may consist of any of the following:

- Logging additional practice sessions
- Attending a supervision

- Watching prescribed videos
- Attending consultations
- Attending additional courses

The trainer will advise if and when these are required.

## FAQs

**Q:** What are my employer's duties?

**A:** To sign the attached Provider Agreement and to allow the opportunities for you to complete the training with all its components (i.e. - giving free practice sessions).

**Q:** Can me or my employee offer paid Watsu sessions during my training?

**A:** Definitely not. Only certified practitioners or providers may charge for sessions.

**Q:** Who grants me the certificate as a Watsu Provider?

**A:** Successful completion of the Provider training program grants participants with a Certificate of Watsu® Provider from the Australian Institute of Aquatic Bodywork ([www.aiab.net.au](http://www.aiab.net.au)) and from WABA ([www.watsu.com](http://www.watsu.com)), valid for 2 years.

**Q:** How can I extend the 2 years accreditation?

**A:** You can extend your Watsu® provider accreditation for another 1 or 2 years by attending a 50 Hour Aquatic Bodywork course offered by the Australian Institute of Aquatic Bodywork.

**Q:** Do I get credits towards the Practitioner certification?

**A:** Student/intern hours and data are registered in to the World-Wide Aquatic Bodywork Association Registry: [www.watsu.com](http://www.watsu.com) immediately after the completion of each class and are regarded towards the Watsu practitioner certification program.

**Q:** What happens if my accreditation laps?

**A:** You are no longer eligible to advertise or give paid Watsu® sessions.

**Q:** What happens if I'm no longer employed by the original employment?

**A:** It's always possible to change employers. The new employer has to agree with the terms and conditions of the agreement.

**Q:** What should I do after the provider certification?

**A:** To complete your Watsu Practitioner certification you will need to attend a Watsu 3 course as well as a 50hr Shiatsu course. Before certification can be approved you also need to give a free flow session to a qualified instructor.