

Watsu® Provider Internship Training Program

The Provider Internship training program is available for Licensed Professionals currently employed at a venue where Watsu® can be offered to the public.

The Provider certification grants successful participants and their employers a 2 years certificate that permits them to offer professional paid Watsu® sessions and use the Watsu® trademark in their marketing at their current employment location.

Licensed Professionals eligible for this program include:

- Certified Massage Therapists
- Spa therapists
- Professionals with license to touch
- Licensed Physical Therapists or Physical Therapy Assistants
- Licensed Occupational Therapists or Occupational Therapist Assistants
- Registered Nurses
- Other professionals with a strong therapeutic background with over 500 accredited hours of professional training.
- Those with similar qualifications or experience will be considered on a case-by-case basis

Program Requirements

The Provider training program is based on participant willingness to complete their training towards obtaining the practitioner professional certification once Watsu 3 is available in Australia.

The training program is based on acquiring some essential skills from the larger Watsu® practitioner training program together with applications of specific mindfulness skills for aquatic therapy.

The Curriculum Component

Outline of the training program:

- 4 stages (detailed below)
- A minimum of 150 hours of hands-on training
- Logbook - a minimum of 24 practice sessions

- Receiving a minimum of 3 sessions from a qualified Watsu® practitioner.

Stage 1 Watsu® I - (50 hours) – 6 full days

Pre-requisite – Non

Stage 2 Watsu® II - (50 hours) – 6 full days

Pre-requisite:

1. Successfully completing stage 1
2. A minimum of 8 practice sessions logged
3. Received a minimum of 1 session from a certified provider/practitioner (logged)

Stage 3 Mindful Watsu® - (50 hours) - 6 full days

Pre-requisite:

1. Successfully completing stage 2
2. Demonstrate competency of Watsu 2
3. A minimum of 8 practice sessions logged
4. Received a minimum of 1 session from a certified provider/practitioner (logged)

Stage 4 Completion and Certification as Watsu Provider

Pre-requisite:

1. Successfully completing stage 3
2. A minimum of 8 practice sessions logged
3. Received a minimum of 1 session from a certified practitioner (logged)
4. Singing the ethical agreement by the participant and their employer
5. Sending all required documents to info@aquanat.com.au

Please note:

Stage 4 can be done immediately following completion of stage 3, subject to meeting all requirements.

The progress through any of our programs is based on the successful completion of each stage which is subject to the trainer's assessment.

Additional tasks **may be** required to be completed before continuing on to the next step.

These tasks may consist of any of the following:

- Logging additional practice sessions
- Attending a supervision
- Watching prescribed videos
- Long distance consultations
- Attending additional courses

The trainer will advise if and when these are required.

FAQs

Q: What are my employer's duties?

A: To sign the attached Provider Agreement and to allow the opportunities for you to complete the training with all its components (i.e. - giving free practice sessions).

Q: Can me or my employee offer paid Watsu sessions during my training?

A: Definitely not. Only certified practitioners or providers may charge for sessions.

Q: Who grants me the certificate as a Watsu Provider?

A: Successful completion of the Provider training program grants participants with a Certificate of Watsu® Provider from the Australian Institute of Aquatic Bodywork (www.aiab.net.au) and from WABA (www.watsu.com), valid for 2 years.

Q: How can I extend the 2 years accreditation?

A: You can extend your Watsu® provider accreditation for another 1 or 2 years by attending a 50 Hour Aquatic Bodywork course offered by the Australian Institute of Aquatic Bodywork.

Q: Do I get credits towards the Practitioner certification?

A: Student/intern hours and data are registered in to the World-Wide Aquatic Bodywork Association Registry: www.watsu.com immediately after the completion of each class and are regarded towards the Watsu practitioner certification program.

Q: What happens if my accreditation laps?

A: You are no longer eligible to advertise or give paid Watsu® sessions.

Q: What happens if I'm no longer employed by the original employer?

A: It's always possible to change employers. The new employer has to agree with the terms and conditions of the agreement.

Q: What should I do after the provider certification?

A: To complete your Watsu Practitioner certification you will need to attend a Watsu 3 course as well as a 50hr Shiatsu course. Before certification can be approved you also need to give a free flow session to a qualified instructor.
