

AIAB Assessment Student Guide

Welcome to the Assessment Student Guide!

This document is designed to provide you with all the necessary information and guidelines for assessments during your course.

Please read this guide carefully to ensure you understand the assessment process and your responsibilities as a student.

1. Purpose of Assessments

Assessments play a crucial role in evaluating your understanding of the course material and your ability to apply it. They help measure your progress, identify areas for improvement, and demonstrate your achievement of learning outcomes.

2. Types of Assessments

There are various types of assessments you may encounter in your course:

- **Written Assessments:** These may include organic assessment during the course, self-practice, final sessions, one on one assessments and demonstrations.
- **Practical Assessments:** These may include essays, reports, case studies, or reflective journals.

3. Assessment Criteria

Each assessment will have specific criteria to be evaluated.

Criteria may include:

- Able to demonstrate good head support.
- Able to demonstrate understanding of spine support.
- Show understanding of how the body moves in water.

- Able to apply appropriate stances (high or low in the water).
- Display good balance, alignment and correct stance.
- Able to maintain focus.
- Demonstrate understanding of professional and personal boundaries.
- Able to coordinate movements with breathing.
- Understand the intent behind each move.
- Demonstrate correct hand placements.
- Able to mix different qualities of touch and movements (Yin & Yang).
- Demonstrate transitions.
- Ability to adopt movements and touch as necessary.

Familiarise yourself with the assessment criteria provided with each task to ensure you meet the expectations.

4. Feedback

Feedback on your assessments is valuable for your learning and improvement. You may receive feedback in various forms:

- Written comments on your work
- Grading rubrics or marking guides
- Verbal feedback in class or during consultation hours

Review your feedback carefully and use it to identify strengths and areas for development.

5. Additional Support

If you require additional support with your assessments, don't hesitate to seek help from your instructor or academic support services. They can provide guidance, clarification, and resources to assist you in completing your assessments successfully.

Conclusion

Assessments are integral to your learning journey. By understanding the assessment process and following the guidelines provided in this document, you can effectively demonstrate your knowledge and skills and achieve success.

If you have any questions or concerns about assessments, please don't hesitate to contact your instructor.

Best wishes for your assessments!

The Australian Institute of Aquatic Bodywork