

Watsu® Practitioner Requirements

Stage I

Description	Method	Assessment	Hours
Watsu® I	Face to face	During the course	50
Total Hours:			50

Stage II

Prerequisite: Successfully completing stage I

Description	Method	Assessment	Hours
Watsu® II	Face to face	During the course	50
Supervision and demonstration of Stage II skills	Assessment	Can be done with an authorised Watsu Instructor	4
Total Hours:			54

Stage III

Prerequisite: Successfully completing stage II

Description	Method	Assessment	Hours
Watsu® III	Face to face	During the course	50
Total Hours:			50

Additional (Can be completed at any point during the training).

Description	Method	Assessment	Hours
Aquatic elective I (Any WABA approved course, or repeat a course).	Face to face	During the course	50
Aquatic elective II (Any WABA approved course, or repeat a course).	Face to face	During the course	50

Aquatic elective III (Any WABA approved course, or repeat a course).	Face to face	During the course	50
Anatomy and Physiology for Watsu	Blended (Face to Face and correspondence)	Written assignment	100
Zen Shiatsu/Massage/ any other form of therapy in which touch is included		Certificate from an official training provider	100
Somatic Practice / Mindfulness / Meditation	Self – guided	Write a description of your experience and its relation to the Watsu practice.	10
Current CPR certification			6
Demonstration of proficiency: Log a minimum of 20 practice sessions spread through the entire training process.			20
Log 10 sessions received from a professional (Before, during or after the above).			10
Total Hours:			396
Total hours for the entire program:			550

More information:

- The Australian Institute of Aquatic Bodywork (AIAB) follows the guidelines of the Practitioner requirements outlined by the Worldwide Aquatic Bodywork Association (WABA).
- Classes taken by other WABA training providers, including certificates obtained from other training organisations (not WABA or the AIAB) will have to be assessed according to the AIAB RPL (Recognition of Prior Learning) policies.
- WABA allows and even recommends auditing/repeating classes, which can be counted towards the practitioner requirements. Based on more than 50 years of training with thousands

of students around the world, we know that repeating a class helps polishing the skills and deepens the understanding of the practice.

- It is recommended that students experience and learn other forms of aquatic bodywork to enrich their skills.
- The AIAB's yearly calendar is designed to allow a continuity of training. However, please also note that some unforeseen circumstances could force alteration of course dates. Please see our website to keep to date with courses and training opportunities scheduled so you can plan ahead. You may wish to join our mailing list and follow us on social media so that you can be notified as course dates are set
- Courses always go ahead if there are at least 6 or more students enrolled. Past experience shows that it is better to experience the training in a proper sized group as the exchange between students is vital to the learning process.
- Transfer Credits Requirements may be fulfilled by transferring credits from an equivalent course taken elsewhere as long as they are relevant and with enough academic recorded hours.
- Licensed Professionals may be entitled to provide WATSU® sessions under the Spa Provider provisional certificate (valid for 2 years).
- Please read the **AIAB Assessment Student Guide**.