

Waterdance Practitioner Requirements

Water Classes

Pre-Requisite Classes: WaterDance Fundamentals, Fluid Presence, Basic Seminar, WATSU® I, Healing Dance, Jahara, or Instructor Approval (one on one teaching)

50 hours

Core Classes:

| Class | Hours |
|--|-----------|
| WaterDance I | 50 hours |
| Demonstration of Mastery (Individual Supervision*) | 1.5 hours |
| WaterDance II | 50 hours |
| Demonstration of Mastery (Individual Supervision*) | 2 hours |
| WaterDance III | 50 hours |
| Final Demonstration of Mastery (Individual Supervision*) | 1.5 hours |
| Total Hours: 205 | |

If Required:

| Class | Hours |
|---|-----------|
| Audit WaterDance I | 50 hours |
| Audit WaterDance II | 50 hours |
| Additional Demonstration(s) of Mastery (after each level) | 1.5 hours |

Land Classes

| Class | Hours |
|--|-----------|
| Massage Therapy, Cranial Sacral, Shiatsu etc. | 100 hours |
| Anatomy/Physiology/Pathology | 50 hours |
| Process work (such as ART Awareness Release Technique, Presence of Being, Prenatal Journey, Hakomi, Bioenergetics, Non Violent Communication, Trauma Training, Hospice Work, Instructor Approval etc.) | 100 hours |
| Cardio Pulmonary Resuscitation Class (CPR) | 4 hours |
| WaterDance III | 50 hours |
| Final Demonstration of Mastery (Individual Supervision*) | 1.5 hours |
| Total Hours: 254 | |

Other Requirements

- A. Give 30 Sessions (recommended 10 at each level of training)
- B. Receive a minimum of 10 Sessions. Six from a certified WaterDance Practitioner throughout the training program. The remaining 4 can be received from a fellow student.