AIAB Student Assessment Guide

Welcome to the Assessment Student Guide!

This guide is designed to provide you with clear and comprehensive information about the assessment process throughout your training journey. You will encounter two main types of assessments:

1. Course Assessments – conducted during and at the conclusion of each course.
2. Practitioner Application Assessment – based on your submitted practitioner application.

Please read this guide carefully to ensure your understanding of the assessment procedures, your responsibilities as a student, and the requirements for progressing toward practitioner certification.

Purpose of Assessments

Assessments are a vital part of your learning journey and help uphold the integrity of the therapy and its professional standards. They are designed to evaluate your understanding of course content, your ability to apply theoretical knowledge in practice, and your overall readiness for certification as a practitioner.

Assessments also serve to:

- Track your progress and identify areas for improvement.
- Confirm the achievement of key learning outcomes.
- Ensure a fair, transparent, and unbiased evaluation process for all students.

By maintaining consistent assessment practices, we protect the quality and credibility of our certification framework.

Types of Assessments

There are various types of assessments you may encounter in your course:

- **Practical Assessments**: There may include organic assessment during the course, self practices, final sessions, one on one assessments and demonstrations.
- **Written Assessments**: These may include essays, reports, case studies, your logbook, and reflective journals.
- **Course Assessments**: Conducted during and at the conclusion of each course.

Course Assessments

Course assessments are conducted during and at the conclusion of each stage / course to evaluate your practical skills, theoretical understanding, and overall progress.

Assessment criteria may include the following:

- Demonstrates effective head support
- Demonstrates understanding of spinal support
- Shows awareness of how the body moves in water
- Applies appropriate stance (high or low) based on technique and context
- Maintains good balance, alignment, and correct posture in the water
- Sustains focus and presence throughout the session
- Demonstrates clear understanding and practice of professional boundaries
- Coordinates movement with breath effectively
- Understands and applies the therapeutic intent of each movement
- Demonstrates correct hand placement
- Integrates varying qualities of touch and movement (e.g., Yin and Yang)
- Performs smooth and mindful transitions between movements
- Adapts touch and movement appropriately to suit the receiver's needs

Practitioner Application Assessment

The Practitioner Application Assessment is based on the materials submitted as part of your application. Candidates are required to provide clear and verifiable evidence addressing each of the assessment criteria outlined in the official guidelines, available at: Pathways to Practitioner.

Please ensure that your submission demonstrates competency and understanding in alignment with the standards specified in this document.

Preparing for Assessment

Take time to familiarise yourself with the assessment criteria to ensure you understand what is expected and how to meet the standards confidently.

Additional Support

If you need extra support with your assessments, don't hesitate to reach out to your instructor. They are here to offer guidance, clarification, and resources to help you succeed.

Conclusion

Assessments are a key part of your development as a practitioner. By engaging with the process and applying the guidelines provided, you'll be well-positioned to demonstrate your skills and achieve success.

If you have any questions or concerns, your instructor is here to help.

Wishing you an enriching and rewarding learning experience!