

Aquatic Bodywork SPA Provider Internship

Licensed Professionals eligible for this program include:

- Certified Massage Therapists,
- Licensed Physical Therapists or Physical Therapy Assistants,
- Licensed Occupational Therapists or Occupational Therapist Assistants,
- Registered Nurses,
- Other Certified Therapists with over 500 hours of certified training.

Intern Program Requirements

The Provider Internship training program is based on acquiring some essential skills from both the Watsu® and the Healing Dance™ training programs as outlined below.

This training program is based on:

- A minimum of 174 hours of training
- 30 practice logged sessions
- Receiving a minimum of 3 sessions from a qualified practitioner.
- Receiving a minimum of 7 sessions from another trainee

The rate of progress through any of our programs is based on the successful completion of each steps that are assessed by the trainer.

The trainer may ask for additional tasks to be completed before continuing on to the next step. These tasks could be any of the below:

- Logging additional practice sessions,
- Attending a supervision,
- Watching prescribed videos,
- Long distance consultations.

The trainer will advise when these are required.

The training includes the below:

Stage I

Watsu® 1 (50 hours) – 6 full days

Note: the quality of student's technique will be monitored by the instructor to determine how many hours are required.

Pre-requisite to continue to the next stage:

Log a minimum of 10 practice sessions

Receive 1 session from a certified practitioner

Stage II

Demonstrate Competency: (8 hours) 1 full day in which every student

gives the instructor a session demonstrating skills and receive some constructive feedback. An opportunity to revise and practice under supervision.

Stage III

Aquatic Basics (50 hours) – 6 full days

Note: the quality of student's technique will be monitored by the instructor to determine how many hours are required.

Pre-requisite to continue to the next stage:

Log a minimum of 10 practice sessions

Receive 1 session from a certified practitioner

Stage IV

Healing Dance Essentials (50 hours) – 6 full days

Note: The quality of student's technique will be monitored by instructor to determine how many hours are required.

Pre-requisite to continue to the next stage:

Log a minimum of 10 practice sessions

Receive 1 session from a certified practitioner

Stage V

Supervision (16 hours) – 2 full days

Please note:

- Stage 2 - **Demonstrate Competency:** can be done immediately before stage 3.
- Stage 5 could be done a few days after stage 4 is completed so that students will have an opportunity to practice a minimum of 10 logged sessions.

Certification and credentials:

- Student/intern hours and data are entered to the World Wide Aquatic Bodywork Association Registry (www.watsu.com) and to the Healing Dance international organization (www.healingdance.org).

- Interns are independently responsible to make sure they comply with each of the above organisations' rules to maintain the status of their registry.
- Successful completion of the training program grants students with a:
 1. **Certificate of Aquatic Bodywork SPA Provider** from ***the Australian Institute of Aquatic Bodywork*** (www.aiab.net.au)
 2. A certificate of **Completion of HD100** from the international organisation of Healing Dance (www.helaingdance.org)
 3. Successful completion of the training program grants the SPA with a Healing Dance SPA provider certificate indicating the names of the interns that are trained to provide HD sessions.
 4. The business would be able to advertise that they provide Aquatic Bodywork sessions or Healing Dance sessions **only**.
- No practitioner certificates will be issued to the interns. However, if interns will be interested in progressing into the practitioner program of either Watsu® and /or Healing Dance™ they will be credited for the courses completed in this program.
- If the Spa wishes to obtain a **Watsu® Spa provider** certificate and to be granted the use of the protected Watsu trademark in their marketing, then the intern will need to successfully complete the Watsu 2 course.