

# Watsu® Practitioner Requirements

All core and elective units/courses must be completed to obtain a Watsu Practitioner certificate.

If you feel you have competency in an area, please refer to AIAB RPL (Recognition of Prior Learning) policies.

## Stage I

Pre-requisite: First Aid

Description	Method	Assessment	Hours
Watsu I	Face to face Course	On the course	50
Receive minimum of 3 sessions from a WABA certified Watsu Practitioner	Experience	Recorded and detailed	3
Give minimum of 10 documented sessions	Practice	Recorded and detailed	10
Total Hours:			63

## Stage II

Pre-requisite: Successfully completing stage I

Description	Method	Assessment	Hours
Watsu II	Face to face Course	On the course	50
Give minimum of 10 documented sessions	Practice	Recorded and detailed	10
Receive minimum of 3 sessions from a WABA certified Watsu Practitioner	Experience	Recorded and detailed	3
Supervision and demonstration of Stage II skills	Assessment	Can be done with an authorised Watsu Instructor	4
Total Hours:			67

## Stage III

Pre-requisite: Successfully completing stage II

Description	Method	Assessment	Hours
Watsu III	Face to face Course	On the course	50

Give minimum of 10 documented sessions	Practice	Recorded and detailed	10
Receive minimum of 4 sessions from a WABA certified Watsu Practitioner	Experience	Recorded and detailed	4
Supervision and demonstration of skills	Assessment	With an authorised Watsu instructor	6
Total Hours:			70

## Additional

The below can be completed at any point in the training:

Description	Method	Assessment	Hours
Anatomy and Physiology for Watsu	Blended (Face to Face and correspondence)	Written assignment	100
Aquatic elective I (any from the WABA approved list) Or repeat a class.	Face to face Course	On the course	50
Aquatic elective II (any from the WABA approved list) Or repeat a class.	Face to face Course	On the course	50
Zen Shiatsu/Massage/ any other form of therapy in which touch is included		Certificate from an official training provider	100
Somatic practice/Mindfulness/meditation	Self	Write a discription of your experience and its relation to the Watsu practice	
			300

### More information:

- The Australian Institute of Aquatic Bodywork (AIAB) follows the guidelines of the Practitioner requirements outlined by the Worldwide Aquatic Bodywork Association (WABA).
- Classes taken by other WABA training providers, including certificates obtained from other training organisations (not WABA or the AIAB) will have to be assessed according to the AIAB RPL (Recognition of Prior Learning) policies.
- The timeframe to complete the full Watsu Practitioner Program of **500 hours will not exceed 5 years**. The AIAB reserves the right to ask a student to audit a class, log more practice sessions, send videos or submit other form of evidence of skills. Students auditing a class will be entitled to a 20% discount of the tuition fees if the

class enrolment has more than 4 students. The AIAB reserves the right to give priority to students paying the full amount of the tuition fees.

- WABA allows and even recommends auditing/repeating classes, which can be counted towards the Practitioner requirements. Based on more than 35 years of training with thousands of students around the world, we know that repeating a class polishes the skills and deepens the understanding of the practice.
- It is recommended that students experience and learn other forms of aquatic bodywork to enrich their skills.
- The AIAB's yearly calendar is designed to allow a continuity of training. However, please also note that some unforeseen circumstances could force alteration of course dates. Please see our timetable for the training so you can plan ahead.
- Courses always go ahead if there are at least 4 or more students enrolled. Past experience shows that it is better to experience the training in a proper sized group as the exchange between students is vital to the learning process.
- Please read the **AIAB Assessment Student Guide**.